



ANMF Aged Care Training Room Userguide

Australian Nursing & Midwifery Federation
AGED CARE TRAINING ROOM

The ANMF Aged Care Training Room CPD Solution for registered and enrolled nurses

ANMF Aged Care Training Room has developed an online CPD Solution to assist you to meet all of your registration requirements that relate to the continuing professional development standard for national registration.

The ANMF Aged Care Training Room CPD Solution is available as an annual subscription.

The subscription for ANMF Member is \$100+GST per year
The subscription for ANMF Non-member is \$120+GST per year

Tax deductible.

All you need is an internet connection and Google Chrome to access all of the resources included in your annual subscription.

All the requirements for National Registration

The ANMF Aged Care Training Room CPD Solution includes:

- Minimum 20 hours of CPD activity per year
- An online Learning Needs Analysis and Learning Plan
- An Activities area to record other CPD activity
- A reflection Learning Evaluation.

The system records all CPD activity and provides you with an electronic transcript as evidence for registration.

How does it work?

All you need is access to a computer with an internet connection, Google Chrome and an email address. You could be doing your CPD at home in your PJ's. Your user name, password and login instructions are sent by email. Follow the instructions and start learning!

- The system is as easy as using a mobile phone or ATM
- You can do your CPD at anytime and anywhere
- You have two months to complete each CPD activity

You don't have to do it all at once. You can close the module at any time and when you come back you will be able to continue from the last page or section you were up to.

Each CPD activity includes an assessment and provides you with additional reading.

What's included in my subscription?

- An annual learning plan with seven CPD activities to meet your minimum 20 hours CPD requirement. You will be automatically enrolled into these CPD activities
- Online access to 77 aged care specific CPD activities that you can self-enrol in at any time
- An online learning needs analysis that you complete once per year to assist with planning your learning needs for the following year
- A reflection evaluation attached to each CPD activity.

Recording CPD Activities

An 'Activities' area in the learning system where you can record other CPD activity that you do during the year. For example workplace competencies, workplace seminars, mentoring other staff.

An electronic transcript of all CPD activity. This provides evidence as required by your workplace or the nurse's registration board. The transcript can be a print document or email document.

What else do I need to know?

We have over 10,000 anonymous online evaluations from nurses and other aged care workers across Australia. The results are consistently 95+% positive that the learning activities are relevant and provide the information needed to deliver quality care to older people in residential and community aged care.

Ongoing learning enhances the knowledge and skills of every nurse to ensure that care is safe and respectful for the needs of each older person.

Florence Nightingale said ... “The first requirement in a hospital is that it should do the sick no harm”

ANMF ACTR Continuing Professional Development Learning Plan Example

JUNE | 3.5 CPD Hours

Elder Abuse

Overview of Elder abuse: Risk and protective factors: Features, types and signs of Elder abuse: CALD issues: Prevention and response: Compulsory reporting guidelines for residential aged care

AUGUST | 3 CPD Hours

Carer Issues

Overview carer issues and older people: Impact of caring on carer quality of life: Relationship issues: Reducing the burden on carers: Resources

OCTOBER | 4 CPD Hours

Medication Management

Overview of medication management residential and community aged care: Medication challenges: Responsibilities: Ethics: Decision making: Drug calculations

NOVEMBER | 2 CPD Hours

Fire Safety

Fire fighting equipment: Evacuation: Security: Other emergencies

JANUARY | 3.5 CPD Hours

Nutrition Older People

Overview of nutrition and older people: Nutritional requirements: Malnutrition: Nutritional supplements & support: End of life issues - choices: Goals of care: Research: Oral, nasal and eye care

MARCH | 2 CPD Hours

Hazardous Manual Tasks

Hazardous manual tasks

APRIL | 2 CPD Hours

Older People's Skin Issues

Older people's skin: Pressure sores: Wounds

Total – 20.5 hours of active learning. 20 hours minimum of active learning is the requirement of the Continuing Professional Development standard for national registration of registered and enrolled nurses.

ANMF ACTR Continuing Professional
Development Library Catalogue Part 1
Older Peoples Health Issues Modules

Code	CPD Hours	Name	Description
ANFCPD01	2	Parkinson's Disease Older People	Overview of Parkinson's disease: Signs and symptoms: Thoughts and feelings: Pain management: ADL's: Motor complications: Nutrition: Treatment: Carer support
ANFCPD02	2	Type 2 Diabetes Older People	Overview of Type 2 diabetes: Risk factors: Signs and symptoms: Complications: Management: Nutrition: Education and support
ANFCPD03	2	Mental Health; Depression Older People	Overview of mental health illness and older people: Quality depression care: Diagnosis and screening: Signs and symptoms: Presentation: Suicide: Treatment and management
ANFCPD04	3.5	Musculoskeletal Conditions Older People	Overview of musculoskeletal conditions: Life impact and burden of musculoskeletal conditions: Quality care and management: Osteoarthritis - treatment and management: Rheumatoid arthritis - treatment and management: Osteoporosis - prevention, treatment and management
ANFCPD05	3.5	Elder Abuse	Overview of Elder abuse: Risk and protective factors: Features, types and signs of Elder abuse: CALD issues: Prevention and response: Compulsory reporting guidelines for residential aged care
ANFCPD06	3.5	Nutrition Older People	Overview of nutrition and older people: Nutritional requirements: Malnutrition: Nutritional supplements & support: End of life issues - choices, goals of care, research: Oral, nasal and eye care
ANFCPD07	2	Advanced Dementia & Palliative Care	Overview of advanced dementia & palliative care: Symptom relief: Advanced care planning: Pain and nutrition management
ANFCPD08	2.5	Post-Traumatic Stress Disorder Older People	Overview of PTSD: Signs and risk factors: PTSD and war veterans, war victims, refugees, migrants and older people with dementia: Treatment principles
ANFCPD09	3.5	Culturally and Linguistically Diverse Older People	Overview of older people from a CALD background: The impact of migration: Cultural safety and cultural competence: Assessing, planning and implementing care in the person's cultural context: Diversity of culture and beliefs of CALD older people: Cultural information

ANMF ACTR Continuing Professional
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Older Peoples Health Issues Modules

Code	CPD Hours	Name	Description
ANFCPD10	3.5	Person Centred Dementia Care	Overview of person centered care: Using person centered care to maintain dignity, identity, communication, relationships and functional ability: Protecting the older person's mental health: Environmental issues: Social and leisure activities
ANFCPD11	3	Aboriginal & Torres Strait Islander Older People	Overview of the generational and present day impact of disempowerment and assimilation: Diversity of culture and beliefs of Aboriginal and Torres Strait Islander people: Assessing, planning and implementing care in the cultural context: Cultural competence and cultural safety: Aboriginal and Torres Strait Islander people and dementia: Chronic health issues
ANFCPD12	3	Physical Activity Older People	Overview physical activity and older people: Benefits of physical activity: Research findings: Sleep, nutrition, mental health, falls prevention, strength and mobility
ANFCPD13	3	Respiratory Disease Older People	Overview respiratory disease and older people: Chronic Obstructive Pulmonary Disease COPD: Management chronic COPD: Management acute COPD. Pneumonia: Prevention: Management
ANFCPD14	3	Sensory Loss Older People	Overview older people and hearing loss: Aids: Management: Effective communication. Overview older people and sight loss: Aids: Management: Effective communication
ANFCPD15	4	Medication Management Older People	Overview of medication management residential and community aged care: Medication challenges: Responsibilities, ethics, decision making; Drug calculations
ANFCPD16	3	Cardiac Disease Older People	Overview coronary heart disease and older people: Risk modification: Management. Overview chronic heart failure and older people: Care planning: Management guidelines: Palliative care
ANFCPD17	3	Mental Health; Personality Disorder Older People	Overview of specific illnesses and disorders: Personality disorders: Personality disorders characteristics, Personality disorders management: Borderline personality disorder
ANFCPD18	3	Schizophrenia Older People	Overview schizophrenia and older people: Incidence: Symptoms: Psychosis: Management.

Code	CPD Hours	Name	Description
ANFCPD19	3	Carer Issues	Overview carer issues and older people: Impact of caring on carer quality of life: Relationship issues: Reducing the burden on carers: Resources.
ANFCPD20	3	Building Service User Independence	Overview enablement: Principles of enablement: Evidence for enablement: Service and service user implications: Enablement skills, behaviours and attitudes: Implementing an enablement model of care.

**You can substitute modules in the CPD plans or add to your CPD hours by self-enrolling in any of the following learning activities. We recommend that you complete the Elder Abuse, Fire Safety and Medication Management learning activities annually (as per the CPD Plan) to meet your mandatory aged care education requirements.*

ANMF ACTR Continuing Professional Development
Library Catalogue Part 2 – Residential Aged
Care Modules

Code	CPD Hours	Name	Description/Residential Accreditation Standards
ANFHAB001_CPD_WL	2	Bullying & Harassment; Conflict: Residential	Bullying and harassment; Conflict resolution - Standard 4
ANFMAN001_CPD_WL	2	Hazardous Manual Tasks: Residential	Hazardous manual tasks - Standard 4
ANFHPCM005_CPD_WL	2	Movement; Rehabilitation; Falls; Senses: Residential	Mobility and dexterity; Rehabilitation; Falls; Sensory loss – Standard 2
ANFFSS01_CPD_WL	2	Fire; Security; Other Emergencies: Residential	Fire; Security; Other emergencies - Standard 4
ANFHPCM006_CPD_WL	2	Medication; Pain; Palliative Care; Sleep: Residential	Medication management; Pain management; Palliative care; Sleep – standard 2
ANFPCESS005_CPD_WL	2	Living Environment; Infection Control: Residential	Living environment; Infection control - Standard 4
ANFPCESS006_CPD_WL	2	Aggression Minimisation; Restraint: Residential	Aggression minimisation; Restraint - Standard 4
ANFHPCM001_CPD_WL	2	Quality Care; Older People's Skin: Residential	Quality care; Older people's skin; Pressure sores; Wounds - Standard 2
ANFRLF001_CPD_WL	2	Lifestyle; CALD Older People: Residential	Emotional support; Independence; Privacy & dignity; Leisure; Choice & decision; Cultural & spiritual life; Rights and responsibilities – Standard 3
ANFHPCM003_CPD_WL	2	Depression; Dementia; Delirium: Residential	Depression; Dementia; Delirium; Behavioural management - Standard 2
ANFWHS001_CPD_WL	2	Work Health and Safety: Residential	Work Health and Safety - Standard 4
ANFHPCM004_CPD_WL	2	Nutrition; Oral Care; Continence: Residential	Nutrition and hydration; Oral care; Dental care; Continence - Standard 2

ANMF ACTR Continuing Professional Development
Library Catalogue Part 3 – Community Aged Care
ANFCCCS CPD (Community Care Common
Standards) Modules

Code	CPD Hours	Name	Description/Community Common Care Standards
ANFCCCS001_CPD_WL	1	Regulatory Compliance: Community	Regulatory compliance – Standard 1
ANFCCCS002_CPD_WL	1	Privacy & Confidentiality: Community	Privacy and confidentiality - Standard 3
ANFCCCS003_CPD_WL	1	Complaints; Service User Feedback: Community	Complaints; Service user feedback – Standard 3
ANFCCCS004_CPD_WL	1	Service User Access, Referral: Community	Service user access; Referral – Standard 2
ANFCCCS005_CPD_WL	1	Service User Assessment: Community	Assessment; Service user re-assessment – Standard 2
AANFCCCS007_CPD_WL	1	Work Health and Safety: Community	Work Health and Safety – Standard 1
ANFCCCS008_CPD_WL	1	Care Plan Development & Delivery: Community	Care plan development and delivery – Standard 2
ANFCCCS009_CPD_WL	1	Continuous Improvement: Community	Continuous improvement – Standard 1
ANFCCCS010_CPD_WL	1	Information Provision: Community	Information provision – Standard 3
ANFCCCS011_CPD_WL	1	Independence: Community	Independence – Standard 3
ANFCCCS012_CPD_WL	1	Advocacy: Community	Advocacy – Standard 3

ANMF ACTR Continuing Professional Development
Library Catalogue Part 4 – Community Aged Care
ANMF SUCM CPD – Service User Care Modules

Code	CPD Hours	Name	Description/Community Common Care Standards
ANFSUCM001_WL	2	Older Peoples Skin: Community	Older people's skin; Pressure sores; Wounds
ANFSUCM002_WL	2	Lifestyle: CALD Older People: Community	Rights and responsibilities; Emotional support; CALD older people
ANFSUCM003_WL	2	Depression; Dementia; Delirium: Community	Mental health: Depression; Dementia; Delirium; Behavioural management
ANFSUCM004_WL	2	Bullying & Harassment; Conflict: Community	Bullying and harassment; Conflict resolution
ANFSUCM005_WL	2	Nutrition: Oral Care; Continence: Community	Nutrition & hydration; Oral care; Dental care; Continence management
ANFSUCM006_WL	1	Elder Abuse: Community	Elder abuse
ANFSUCM007_WL	2	Hazardous Manual Tasks: Community	Hazardous manual tasks
ANFSUCM008_WL	2	Movement; Rehabilitation; Falls; Senses: Community	Mobility and dexterity; Falls; Rehabilitation; Sensory loss
ANFSUCM009_WL	2	Infection Control: Community	Infection control
ANFSUCM010_WL	2	Medication; Pain; Palliative Care; Sleep: Community	Medication management; Pain management; Palliative care; Sleep
ANFSUCM011_WL	2	Aggression Minimisation; Restraint: Community	Aggression minimisation; Restraint
ANFSUCM012_WL	2	Fire; Other Emergencies; CPR Update: Community	Home fire safety; Firefighting and emergency control; Evacuation; Security; Other emergencies; CPR update
ANFSUCM013_WL	3	Building Service User Independence: Community	Building service user independence

Contact ANMF Aged Care Training Room

Please email for more information or a complimentary module login. On successful completion of the complimentary CPD activity you will receive a certificate and three CPD hours.

Email: education@anmf.org.au